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She obtained her education at the Department of Philosophy at Hacettepe University in Ankara. She subsequently pursued her doctorate at the Department of Philosophy at Berlin Freie University, specializing in the philosophy of mind and the problem of freedom of will. Since 2012, she has been working as an associate professor at Yıldız Technical University. Concurrently, beginning in October 2022, he has been engaged in a project at the Department of Phenomenological Psychopathology and Psychotherapy, Clinic for General Psychiatry, Heidelberg University Hospital, exploring the theme "Man is More than the Body."